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OCCUPATIONAL HEALTH NURSES



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Florida Mission Statement

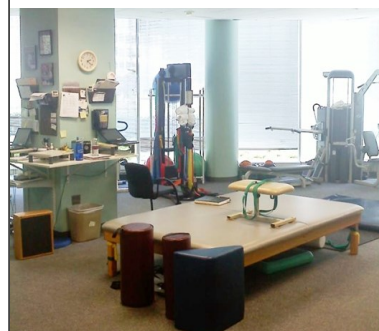
The mission of Florida State Association of Occupational Health Nurses, Inc. is to advance the profession of occupational and environmental nursing in the state of Florida.

To fulfill this mission, we:

- support the mission of the American Association of Occupational Health Nurses.
- promote professional excellence and opportunities through education and research.
- support standards of professional practice and a code of ethics.
- influence legislative, regulatory and policy issues.
- promote internal and external communications
- establish strategic alliances and partnerships.



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President's Report

Barb Maxwell



I cannot believe how fast time is flying by.... The year is almost gone and 2018 is upon us. Hoping each of you had a wonderful Thanksgiving and enjoyed your time with family and friends. The Christmas and New Year holidays are right around the corner. This is my favorite part of year!

Occupational Health Departments are very busy this time of year. Flu vaccination programs going full steam ahead, mandatory face fit testing to meet the OSHA standards and then some organizations has inventory to be performed on top of everything else. I guess we are really good at multi-tasking.....Please stay connected with each other and learn what others may be doing to decrease some of the tasks we are all performing in a very short time period. Networking is great!

We have many great things awaiting us in 2018 from our organization; National, State and Local Chapters. Many changes will be moving forward. This is exciting! Please stay connected with attending the AAOHN Town Hall Meetings. I would like to take this opportunity to highlight a few exciting events for everyone. Please make notation on your 2018 calendars so we do not lose out on these opportunities:

- FSAOHN Winter BOD Meeting— January, 25-26th, Marriott World Center, Orlando
- AAOHN National Conference – April 16th-18th, 2018 at the Peppermill Resort in Reno, Nevada
- Pre-conference classes – April 14th-15th, 2018
- Hotel room registration is now open for the National Conference – please reserve your room now
- Florida State Conference – September 20th-22nd, 2018

We experienced Ms. Irma right before our Florida State Conference! Even she could not dampen our success! Everyone pulled together, attendees received their CE's, we had great speakers and exhibitors. We had a great time. I applaud the FOHC Planning Team and you, the membership, for such a successful 2017 conference. We could not have done it without all the work from the Planning Team, your attendance, the increase in exhibitors and sponsorships and the control of the expenditures. It was truly a success and the TEAM received numerous positive comments regarding the venue.

With FOHC 2017 behind us, the hard work for our 2018 conference has begun. There is considerable work going on behind the scenes for the 2018 Florida State Occupational Health Conference even through the holidays. Carson Faris has agreed to stay on as our Chairperson for the conference. She has already begun pulling the Florida Occupational Health Conference Planning Team together and has started in on the preparation. The conference seems to be far away but it takes time and planning to make the magic happen. For those interested, this is a great volunteer opportunity to expand ones skills in leadership and management. It's also a great networking opportunity with our sponsors and vendors. If you are interested in joining this phenomenal group of your colleges, we are still looking for volunteers to assist. Please contact Carson at chfaris317@cox.net.

As I look forward to 2018, I want to encourage each of you to become leaders, mentors and be involved in your organization. We need to look for those new, less active, curious individuals that need our guidance and support. As members of our organization, this is part of our obligation. Mentoring can start with:

- Encouraging others to participate in meetings
- Asking others to volunteer to be on a committee
- Run for an office
- Become active in our legislation

Active participation and involvement in our organization is a fulfilling achievement both personally and professionally. We need you!

I want to take this opportunity to thank the Board of Directors members for their continued support as we move forward into 2018. It is a privilege to work with such a fantastic group of professional individuals that truly hold the passion for what we do every day of our lives. Everyone is very busy but they have found the time to volunteer their time to serve on the Board to make things happen. Thank you all for everything you do for our organization!

With the holiday season around the corner, please take this time to cherish the time you have with your loved ones and reflect on the times you had with others. Think about how we all are truly blessed to have the support of each other. Remember, life isn't all about work; it's not only about what we receive, but what we can give back. Thank you for all that you do. I'm thankful for all of you, and I remain humbled at the opportunity to lead such a great group of professionals. I love the holiday season...definitely my favorite time of year!

I look forward in working with a wonderful group of people that form the Board of Directors, all the members and to a very prosperous 2018.....
Be safe and enjoy the season!

Barb Maxwell

RN, MHA, COHN-S, CCM, CWCP, QRP, FAAOHN

***From the
Board of Directors
at the
Florida State Association
of Occupational
Health Nurses***



Scholarship Money Available



Need Money to attend the upcoming AAOHN national conference? Or our own 2018 FOHC this coming year? Or how about tuition to further your education? There is money available to you in the Florida State Scholarship Fund. Many times this fund goes unused. The funds sit due to lack of request. So why don't you use it? Our goal this year to have all of the scholarship money exhausted. So please take the time to click on the link below and submit for a scholarship. It only takes a few minutes to complete the form and send in. Thanks for your participation!

Deb Bush, VP

FL State Board of Directors

Anyone can apply for scholarship money through FSAOHN. Go to the website <http://fsaohn.org/> today and fill out your application.

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Membership Spotlight

FOHC 2017 Award Winners

Nurse of the Year

Michael Vazzana, MS, RN



Sally Sweet Best Practice

Karen Lentz, RN, BSN, COHN-S



Membership Spotlight

FOHC 2017 Award Winners

Volunteer of the Year

David Hazelton, Design Director



Retire Recognition Award

*Louise Dandridge, RN, BSN,
COHN-S/CM, CWCP*



Bruce Shaw, Unique Leader

Laura Murphy



Membership Spotlight

FOHC 2017 Award Winners

Provider of the Year
Gary Palmer, President
and CEO



Employer of the Year
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E-mail: dlockwood@bankerlopez.comDavid C. Lockwood defends workers' compensation claims,
Longshore and Harbor Workers' Act claims.**Representation Experience**

- Banker Lopez Gassler P.A., Tampa, FL Shareholder, November 2008 to Present
- Fowler White Boggs Banker P.A., Tampa, FL Attorney, July 1987 to October 2008

Education

- J.D., University of Florida Levin College of Law, 1985 (Chairman, Moot Court Team)
- B.S., University of South Florida, 1982

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Vaccine Update



Florida Vaccines for Children Program (VFC)

VFC Update – Data Loggers

Starting January 1, 2018, the federal VFC program will require VFC enrolled providers to have at least one data logger as a backup thermometer with a valid and current Certificate of Calibration readily available. You are not required to use a MicroDAQ branded LogTag as a backup; however, the data logger you choose to use as your backup thermometer must meet VFC program requirements and must be able to upload into FL SHOTS. A compiled list of data loggers that meet VFC program requirements and are currently compatible for use with FL SHOTS can be viewed at <http://flshotsusers.com/resources/temperature-data-loggers>.

As a result of the new requirement, you will be responsible for securing data loggers as your backup thermometers and assume any costs associated with calibration and maintenance of your primary and backup data loggers. This means over the next couple of months or so, the Immunization Section will phase out of supplying and maintaining data loggers to VFC providers. The Immunization Section will continue to support the upload of temperature data into FL SHOTS.

If you have a state provided LogTag expiring within the next 90 days, 30 to 60 days prior to the expiration date, follow our guidance for sending those LogTags to MicroDAQ for recalibration. Unable to pinpoint this guidance? View the document at https://flshotsusers.com/sites/default/files/inline-files/FLSHOTS-RecalibrationFAQ-Jan2017_0.pdf. If you need help troubleshooting your LogTag? View the video posted to FL SHOTS at <http://flshotsusers.com/sites/default/files/media/log-tag-troubleshooting/>.

To assist you with the transition of securing calibration services for your LogTags, the Immunization Section will soon share a list of several manufacturers you may choose from to use for calibration services. Please note, the list provided will not be an all-inclusive list and will not serve as endorsement of any vendor included on the list.

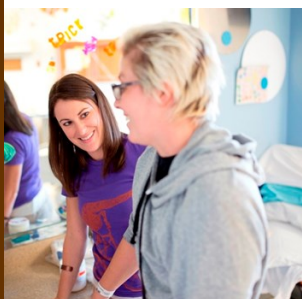
If you have questions about the requirement involving data loggers as your backup thermometer or Immunization Section support as a result of the requirement, please contact Tracey Andrews at tracey.andrews@flhealth.gov.

For those of you who provide or are interested in additional immunization and other related news from the Florida Department of Health, they put out a quarterly news letter. Please click on the link below for more information.

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Rehabilitation



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Temporary Workforce

By: Rey Luna, BSN, RN, CRN, Paramedic
University of South Florida
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University of South Florida

Introduction

According to the National Council for Occupational Safety and Health and the U.S. Bureau of Labor Statistics, more workers died on the job or in the workplace in 2014 than in 2013 (National Council for Occupational Health and Safety, 2016). Occupational Health nurses, nurse practitioners, physicians, industrial hygienists, and many others in the related field all have a common goal of making the workplace safe. While there are multiple topics and factors involved in creating a safe workplace, this paper will discuss specifically the special population of temporary workers.

Problem

Temporary workers face a significantly greater risk of getting injured on the job than permanent employees (Grabell, 2013, para. 6). Typically, when an employee gets hired into a full-time role, the new hire begins an orientation period where the new hire learns about the company, the expectations of the new hire's role, and the safety precautions that the new hire must follow to stay safe in the new position. It is during this orientation period that safety education is shared with new hire to help prevent accidents or deaths. For many reasons, companies are experiencing high turnover rates, but are still under pressure to continue "business as usual". Because of this, more and more companies are turning over to temporary staffing agencies to support their business needs. Temporary workers are often not afforded the same type of orientation or training, again, due to the pressure of getting workers in the field and being productive faster. Additionally, some temporary workers are at risk because he or she may have been trained using standards of the staffing agency, but not by the specific company, which he or she is being hired for.

Background & Epidemiology

In 2014, there were nearly 800 occupational fatalities that were identified as temporary workers. According

Temporary Workforce

Continued

to the Bureau of Labor Statistics, this was actually a slight increase, about 6% from the year before (U.S. Department of Labor Bureau of Labor Statistics [BLS], 2015). The goal of occupational health nurses and other professionals in the occupational field is to implement strategies to reduce or eliminate these preventable deaths.

Review of Literature/Discussion

The literature suggests that temporary workers are at least at a 50% greater risk of getting injured on the job than non-temporary workers (Grabell, Larson, & Pierce, 2013). In some states, that risk was as high as 72% higher than non-temporary workers. This is alarming because in 2013, it was estimated that temporary workers made somewhere in the range of 2.8 million workers. Temporary workers are also more likely to find work in manufacturing and warehousing which happen to be two sectors that carry an even higher rate of injuries and fatalities.

One of the reasons why this trend is happening is money-driven; because companies with high injury rates pay higher insurance premiums (Grabell et al., 2013). In an effort to reduce reported injury rates, companies hire through temporary staffing agencies, which would effectively shift the responsibility over to the agency to pay any workers compensation claims. Companies do not want to invest too much time properly training temporary workers because they inevitably leave shortly after starting since temporary workers are usually doing the “scut” work that no one else wants to do.

Unfortunately, this topic is like fighting the proverbial uphill battle because there is not a lot of data to present to the federal government in an effort to effect change. One of the reasons why data is scarce is because temporary workers compensation claims are sometimes not reported. Temporary workers fear that if they were to report injuries or illnesses, they would not be rehired. “Employee interviews identified workers' fear of reprisal and employer disciplinary programs as the most important causes of under-

Temporary Workforce

Continued

& Hodgson, 2017, Abstract). Another reason for low reporting is due to lack of knowledge of the process and his or her own rights related to workers compensation laws. Temporary workers are usually less educated, not likely to be supported by a union, and sometimes do not even speak English.

Implications/Recommendations

According to The Centers for Disease Control and Prevention (CDC), there are recommendations that were jointly published by the National Institute for Occupational Safety and Health (NIOSH) and the Occupational Safety and Health Administration (OSHA) that should be adhered to by staffing agencies and host employers (Centers for Disease Control and Prevention [CDC], 2014). Although both the staffing agency and the host employer share safety training, the host employer is responsible for site specific training that includes identification of particular hazards in that particular workplace (Occupational Safety and Health Administration [OSHA], 2014). One of the key points or recommendations is that host employers should provide temporary workers with the identical or equivalent training as they do non-temporary workers.

Communication is also an important key to a successful health and safety program. Since both the staffing agency and the host employer share some responsibilities with training, it is important for both to communicate effectively amongst each other and have clearly defined expectations from each other.

References

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Temporary Workforce

Continued

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*We want to wish everyone a
very happy holiday season.*

As you plan for the coming
new year, don't forget to save
the dates for FOHC 2018.

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Health & Wellness



Three Bites

Hello, I'm **Ginger Meyer**

Happy Holidays! Trying to stick to healthy eating habits during the Holiday can be quite challenging. Today I will be touching on some tips and tricks that I hope helps get you through this Holiday Season without gaining that famous 5 to 10 pounds we all commit to get rid of for our New Year's resolution. For all of us with that sweet tooth, there is a solution to adhering to your weight loss goal without sacrificing our favorite foods during this time of year. I like to call it - The Three-Bite Rule.

If there's something you're just dying to have at that Holiday Party, Holiday Dinner or just when you are out to eat. Go ahead put it on your plate, order it but just have a taste. Take three bites then set it aside for a few minutes, ask server to take the plate or let your dinner companions have some. You are then less likely to come back to finish it. No one can gain weight from having three bites of anything. So remember, if you have to get that dessert, eat three bites and say goodbye to it. You will be happy you did next time you get on the scale.

Moderation not deprivation! If you mess up, so what? Guess what? Start again! You can make up for it in other ways such as, a longer walk, exercise on a day you normally wouldn't, stay strict on the plan all during the week when you know that Holiday party is coming up, but you just want to have those mess-up days not occurring too often.

Recipe Corner



[From: 17 Day Diet Blog](http://17ddblog.com)

Ingredients:

- 1/2 c. Plain Greek Yogurt
- 1 package Truvia
- 1 Tablespoon unsweetened cocoa

Directions:

1. Place 1/2 cup plain Greek yogurt in a bowl.
2. Add 1 package Truvia sweetener
3. Add 1 tablespoon unsweetened cocoa

Mix all ingredients thoroughly and top with fresh raspberries or other fruit approved on the 17 Day Diet.

What does the Occupational Health Nurse have to offer in your local community?

Local Florida Chapters have lots to offer in their community's. Check out your local Occupational Health Nurses chapter for the following opportunities.

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- ◆ Presentation of what is an "Occupational Health Nurse?" in your local High School & Colleges
- ◆ CE offerings for Nurses and Nurse Practitioners



- ◆ Up to date knowledge regarding changes in Occupational Health
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Vision: To be the Healthiest State in the Nation

Mumps Virus Infections: Guidance for Laboratory Testing and Updated Vaccination Recommendations

December 11, 2017

Since January 2017, 56 cases of mumps infection have been reported in Florida. This is significantly higher than the previous five-year average of six cases during the same timeframe. Mumps cases have occurred across all ages (median 25 years, range 0-83 years). Infections have been detected across Florida, with the most cases reported in Broward, Collier, Duval, Hillsborough, and Palm Beach counties. Preliminary data indicate that among the cases, 50 percent have documented history of MMR vaccination (typically remote). Small mumps outbreaks have been investigated among household and other close contacts, and among a group of high-school students and their contacts.

Clinical Description

- Prodrome: low-grade fever (three to four days), myalgia, anorexia, malaise, and headache
- Parotitis: pain, tenderness, and swelling in one or both parotid salivary glands
- Mumps infection may also present only with nonspecific or primarily respiratory symptoms, or may be asymptomatic

Laboratory Testing

The early collection of buccal swab specimens for polymerase chain reaction (PCR) provides the best means of laboratory confirmation, particularly among suspected mumps patients with a history of vaccination. If you suspect mumps infection, collect:

- Buccal or oral swab using a synthetic swab, placed in viral transport media (VTM) for PCR
- Serum for mumps IgM and IgG

The buccal swab for PCR or culture should be collected as soon as possible after onset of parotitis, ideally within three days. Mumps PCR, culture, or serologic tests are available at many commercial laboratories.

Transmission

Mumps is transmitted by close contact with infected persons. Infected persons are contagious from two days prior to and five days after onset of parotitis and should be isolated from others during this time.

Florida Health Update Continued

Vaccination Recommendations

CDC recommends children get two doses of MMR vaccine, starting with the first dose at 12 through 15 months of age, and the second dose at 4 through 6 years of age. Teens and adults should also be up to date on their MMR vaccination. In October, the Advisory Committee on Immunization Practices recommended a third dose of mumps-containing vaccine for persons who are identified by health department staff as at increased risk for mumps during an outbreak to reduce the risk of infection and complications. The Florida Department of Health will notify health care providers if outbreaks occur that would indicate a third dose of mumps-containing vaccine for specific at-risk persons or groups.

Disease Reporting

Mumps is a reportable disease and health care providers should immediately report all cases to their county health department to ensure a prompt public health investigation and response to prevent disease outbreaks.

County health department contact information: www.floridahealth.gov/CHDEpiContact
Florida disease reporting information: www.floridahealth.gov/DiseaseReporting

Additional Resources

CDC – Mumps Lab Testing Question and Answer: www.cdc.gov/mumps/lab/qa-lab-test-infect.html

CDC – Mumps IgM Serology Question and Answer: www.cdc.gov/mumps/lab/overview-serology.html

Please [click here to view the November 2017 Mumps Surveillance Summary Report](#)

Florida Department of Health
Division of Disease Control and Health Protection
Bureau of Epidemiology
4052 Bald Cypress Way, Bin A-12 Tallahassee, FL 32399
PHONE: 850/245-4401 FAX: 850/414-6894
FloridaHealth.gov



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1615 Pasadena Avenue South, Suite 350
St. Petersburg, FL 33707

709 16th Street North
St. Petersburg, FL 33705

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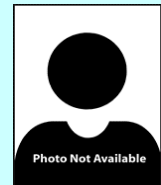
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The Florida State Association encourages all members to visit the website at www.fsaohn.org and stay informed of our State Chapter happenings and updates.

We are also in need of pictures of members. If you see the need for your picture to be update, please send us an updated photo using the “Contact Us” page on the website.



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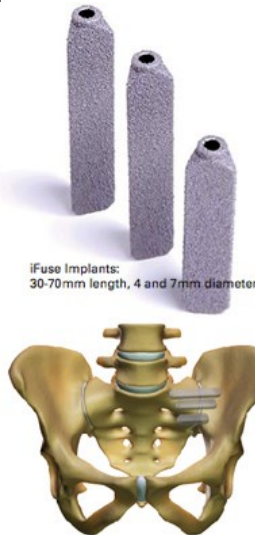
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Mark Your Calendar



2018 National Association of Occupational Health

Location: Reno, NV
Conference: April 16-19, 2018

20th International Conference on Nursing and Healthcare

Location: Rome, Italy
Conference: May 3th –4th, 2018

American Nursing Informatics Association Annual Conference

Location: Orlando, FL
Conference: May 10th –12th, 2018

Association for Professionals in Infection Control and Epidemiology

Location: Minneapolis, MN
Conference: June 13-15th, 2018

2018 National Ergonomics Conference & Ergo Expo

Location: Paris Las Vegas Hotel
Las Vegas, NV
Conference: August 21nd - 24th,
2018

2018 Association of Occupational Health Professionals (AOHP) National Conference

Location: Glendale, AA
Conference: Sept 5-8th, 2018

2017 Florida Occupational Health Conference (FOHC)

Location: Orlando, FL
Preconference: Sept. 20th, 2018
Conference: Sept.20th-22th, 2018



2018 Professionals (NAOHP) Annual National Conference

Location: Nashville, TN
Conference: Sept. 23rd-26th, 2018

2018 Annual National Workers' Compensation and Disability Conference Expo

Location: Mandalay Bay,
Las Vegas, NV
Conference: Dec. 5th-7th, 2018

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